

# Human Sexuality

Miami Dade College,  
Homestead Campus

## Course Description

Class Day/Time: MWF promptly at  
10:00 am to 10:50 am

Room: G203

Instructor: Jessyca Perez

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Office Hours: TBD

Ph. 305-237-5231

**COURSE DESCRIPTION:** This is a three credit course that concerns itself with facts, principles, theories and points of view concerning human sexuality including physiological, sociological and psychological perspectives.

This course emphasizes the interrelationships between the biological, socio-psychological, and cultural aspects of human sexuality. Among the topics included are the bio-psycho-social states of development, sexual arousal, the historical basis of Western sexual values and behavior, and the Kinsey-Masters-Johnson reports.

**Course Dates:** 16-week course: August 23, 2010-December 17, 2010

**Required Textbook:** Sexuality Now: Embracing Diversity, 3rd edition, Janell L. Carroll.



## Miami Dade College Learning Outcomes

- Communicate effectively using listening, speaking, reading, and writing skills.
- Formulate strategies to locate, evaluate, and apply information.
- Demonstrate knowledge of diverse cultures, including global and historical perspectives.
- Use computer and emerging technologies effectively.
- Demonstrate an appreciation for aesthetics and creative activities.



## Class Guidelines

### Prerequisites

There are no prerequisites for this course, however it is strongly advised that students have completed and passed REA0003 and ENC0020 to ensure success.

### Attendance Policies

Attendance is part of the grading system of this course. Attendance is mandatory and will be taken first thing in the morning and after break. In the event of an absence, it is up to the student to contact the instructor to inform about the absence prior to the absence. You are allowed two excused absences. After two absences you will be deducted 10 points for each absence thereafter and therefore will significantly reduce your grade in this course. Also, after three consecutive absences and no contact from you, I will drop you from the course and you will have to retake and pay for the course again. You absence is only excused if you contacted me to let me know you were out. If you do not contact me by email, it is automatically unexcused. It is your responsibility to contact me.

Tardiness can be very disruptive to the instructor and the students once class has begun. Students will have points deducted for tardiness and for leaving early without the consent of the instructor. In the event that you must leave early, please inform the instructor. Please schedule your appointments after class or on your days off. If you arrive late and/or leave early you will be deducted five points for each session missed and therefore will affect your final grade. If you are consistently tardy I will ask you not to come in and I will count it as an absence.

### Participation

Each student is expected to engage actively in the course. Each student should share their topics during class at appropriate times when the class is engaged in a guided discussion. Each student will respect the thoughts and idea of others. You will be given points for actively participating in this course.

Make-up work: You have assigned dates when to turn in your work and assigned dates for your quizzes, *there is no make-up work.*

**Students with Disabilities:** Miami Dade College seeks to provide equal access to its programs, services and activities for people with disabilities. If you will need accommodations in this class, reasonable prior notice needs to be given to the instructor and ACCESS services (305) 237-5000 to make arrangements for accommodations.

**Classroom Etiquette:** Please respect the classroom policies: no food, no drinks, and no cell phones while in class, no text-messaging, no lap-tops, no coming in late-no leaving early. These are simple rules, but they need to be followed. Please do not answer your phone in class or repeatedly leave class to answer your phone/send a text message.

### Disruptions and Classroom Conduct

If you are a disruption, cell phone rings, text-message clicking, talking while others are speaking, sleeping in class, chewing gum loudly, walking late, and leaving early... *I will ask you to kindly leave the class and I will deduct points from your overall grade.* It is your responsibility to follow these guidelines and it is my responsibility to enforce a safe learning environment.

**Withdrawal Policy:** Please check your schedule for accurate dates. If you decide to stop coming to class, it is your responsibility as a student to go to advisement and withdraw from the course. If you need additional assistance with this matter, please see me personally during my office hours. Also, after three consecutive absences and no contact from you, I will drop you from the course and you will have to retake the course at a later date.

**Academic Dishonesty:** All students are expected to complete assignments in this course as their own work. Plagiarism is defined as to pass off the ideas or words of another as one's own without crediting the source. If the instructor suspects a student has violated the academic honesty guidelines, they will discuss the apparent violation with the student to provide them with an opportunity to explain the situation. If the instructor feels that Academic Dishonesty has occurred, they will report the matter to the Dean of Academic Affairs. Depending on the severity of the offense, the instructors may assign the responsible student a failing grade on the assignment/quiz/ exam or an overall course grade of an "F".



## Assignments

Test # 1- October 1, 2010 (no make-ups & in-class)

**Chapter 1:** Human Sexuality: Past and Present

**Chapter 2:** Understanding Human Sexuality:  
Theory and Research

**Chapter 4:** Gender Development, Gender Roles and  
Gender Identity

**Chapter 11:** Sexual Orientation

YES Presentation on Gender Variance

Test # 2-November 5, 2010(no make-ups & in-class)

**Chapter 5:** Female Sexual Anatomy and Physiology

**Chapter 6:** Male Sexual Anatomy and Physiology

**Chapter 3:** Communication: Enriching Your Sexuality

**Chapter 7:** Love and Intimacy

**Chapter 10:** Sexual Expression: Arousal and Response

Test # 3 November 29, 2010 (take-home quiz)

**Chapter 8:** Childhood and Adolescent Sexuality

**Chapter 9:** Adult Sexual Relationships

**Chapter 15:** Sexually Transmitted Infections and  
HIV/AIDS

**Chapter 17:** Power and Sexual Coercion

Test # 4 December 15, 2010 (no make-ups & in-class)

**Chapter 12:** Pregnancy and Birth

**Chapter 13:** Contraception and Abortion

**Chapter 14:** Challenges to Sexual Functioning

**Chapter 16:** Varieties of Sexual Expression

**Chapter 18:** Sexual Images and Selling Sex

**Presentations-** Power point presentation or Field  
experience option. Please see guidelines on the next  
page.

**Extra Credit:** If you choose to do extra credit you can  
do Service Learning at Planned Parenthood, you can  
contact Mayte Canino at [mayte.canino@ppsoflo.org](mailto:mayte.canino@ppsoflo.org)  
786-594-4741 and visit [www.ppsoflo.org](http://www.ppsoflo.org)  
You must document your hours with her and you must  
write a reflection paper and you must complete 25 or  
more hours.

You can opt out of your lowest grade exam.

### Grading Scale

*I believe that everyone has the potential to do  
great in my class. Here is a grading scale that  
will help to guide you what grade you want to  
earn:*

*Test # 1: 20%*

*Test # 2: 20 %*

*Test # 3: 20 %*

*Test # 4: 20 %*

*Presentation or field option: 20%*

*90-100% = A; 80-89% = B; 70-79% = C;*

*60-69% = D; 59% and below = F*

### Presentation Guidelines

- All presentations must be with a group of 3-4 people.
- Everyone in the group must participate and speak to get credit.
- All material must be cited correctly and must be up to date.
- All presentations must be interesting, entertaining, and educational.
- Supplement your presentation with pictures, videos, facts, etc.
- Enjoy doing your presentation and your presentation will present itself.

### Tips for getting an 'A'

- Assume 99.9% of what you read and take notes on will be on a test.
- Come to class on time and to every class
- Ask questions and participate
- Read ahead and take notes from your book and from the lectures
- Take notes when guest speakers come in and ask questions
- I don't expect you to know everything, but if you don't make the effort how can you reach your full potential that is within you.



## Field Experience Options

1. **Cultural Interview:** Interview two people from another country and ask them questions pertaining to their views on Human Sexuality based on the discussion and topics discussed in the book. For instance, how is homosexuality viewed in your culture? What differences have they noticed about sexuality in their country that is different from the U.S. culture point-of-view? Preferable this interview should be videotaped.
2. **Participate and advocate** for Sexual Education with Planned Parenthood and write a reflection paper on your experience. You must complete 25 hours with the agency.
3. Teach a class to Elementary School using age appropriate materials on the various reproductive anatomies. You must get clearance and approval before doing this project.
4. **Sponsor an on-campus awareness event**, like National Condom Day, STD awareness, Domestic Violence, etc. You must clear this with me first.

## Presentation Topics

**Project: Create a power point presentation on a specific a topic in Human Sexuality. The following are suggestions, but you can choose another topic with my consent: (power-point)**

- The changes in adolescence, both boys and girls.
- Aging and sexuality. (ex. impotence)
- Sexually Transmitted diseases
- Sex addiction and treatments
- Rape , power and control
- Sexual identity and Gender issues
- Pregnancy and each trimester (what to expect) infertility issues
- contraceptives
- transvestites, transgender, and sex reassignment.
- Sex and the work force (porno, hustlers, call girls, phone sex operators, internet.)
- Problematic sexual connections: frotteurism and touchersim, exhibitionism, voyeurism, sadomasochism.
- Sex in the media: films, television, advertising, music.